



Safety in the Gym

Safety in the Gym:

It is our policy that we reserve the right to remove any participant from our program that may hinder their own development or the development of the other children in our facility by inappropriate behavior. Rudeness, not staying with their group, hitting or unwanted physical contact will not be tolerated. Our hope is that everyone has fun and enjoys the time they have in our facility.

Pick Up and Drop Off:

We insist that you come into the building to pick up and /or drop off your child for their programs. Our coaches are not able to supervise them before or after their class as they have to remain in the gym. For obvious safety reasons, no child will be allowed to wait outside the building. Please pick up your child at the scheduled end of their class.

Class Size and Maximum Ratios:

Ages 3-5 is a 1 : 6 coach to athlete ratio

Ages 6+ is a 1 : 8 coach to athlete ratio

We reserve the right to combine or cancel a class due to low enrollment.

Viewing Area:

Parents are welcome to remain in the viewing area until your child's class is over. Please do not distract, attempt to contact or coach your child from the viewing area during the class.

The entry door into the gym area is not a viewing area. Please keep this area clear so Coaches and children can enter and exit the gym with ease. Blocking the door is a fire safety hazard.

Attire:

Proper attire must be worn to ensure the safety of all participants.

ABSOLUTELY NO BLUE JEANS, rings, long earrings, necklaces, jean shorts, hoodies or baseball caps.

(For both safety and not to damage the equipment.)

*Participants wearing inappropriate attire will not be allowed to participate.

**APPROPRIATE GYM ATTIRE
MUST BE WORN IN THE GYM**



Jeans



Socks



Skirt



**Hair down or in
your face**



Jewelry



Tight-Fit clothing



Gym suit



Bare feet



**Hair up and
out of face**