



Health, Allergy & Behavioral Disclosure Policy

To ensure the safety, well-being, and positive experience of all participants, Head Over Heels Gymnastics requires parents and guardians to provide complete and accurate information regarding their child's health and behavioral needs at the time of registration.

Required Disclosure:

Parents/guardians must inform the studio of any of the following:

- Allergies (food, environmental, medication, etc.)
- Medical conditions (including but not limited to asthma, diabetes, epilepsy, injuries, or chronic illnesses)
- Behavioral, emotional, or developmental considerations (such as ADHD, autism spectrum conditions, anxiety, or any factors that may affect participation, instruction, or safety)

Ongoing Responsibility:

- It is the responsibility of the parent/guardian to update Head Over Heels promptly if there are any changes to the child's health or behavioral status.
- Updates must be submitted directly to administration via our email headoverheelsgym@gmail.com.

Medication & Emergency Care:

- Parents/guardians must provide clear instructions for any required medications, including emergency medications (e.g., inhalers, EpiPens).
- The studio must be informed of emergency procedures specific to the child's condition.
- While staff will make reasonable efforts to follow provided instructions, Head Over Heels Gymnastics staff are required to have their First Aid Certification but are not medical professionals.

Safety & Participation:

- Failure to disclose relevant information may limit the studio's ability to provide a safe environment and may result in restricted participation.
- The studio reserves the right to modify activities, provide additional supervision, or decline participation if adequate safety measures cannot be ensured.

Confidentiality:

All personal information will be kept confidential and shared only with staff members as necessary to ensure the safety and proper care of the participant.

Acknowledgment:

By enrolling in classes, parents/guardians acknowledge that:

- The information provided is accurate and complete to the best of their knowledge.
- They understand the importance of disclosure for their child's safety and the **safety of others.**